



KEY VOCABULARY



**gestation
period**

the time in which a foetus develops, beginning with fertilization and ending at birth (it lasts nine months in humans)

adolescence

the **period** following the onset of puberty during which a **young person develops from a child into an adult**

puberty

the period during which adolescents **reach sexual maturity and become capable of reproduction**

hormone

a chemical released in a gland that travels to other parts of the body where it **helps control how cells and organs do their work**

growth stage

infancy, childhood, adolescence, and adulthood are human growth stages before old age

Summer Term
One 2025
The books that
we will be reading
this term are:

changes in puberty

- **muscles and bones grow larger**
- **females develop breasts and their hips widen**
- **males shoulders widen and their voice deepens**
- **both females and males grow hair under their arms and around their genitals**
- **females start menstruating (periods begin)**
- **males produce sperm in testes**
- **hormonal changes produce mood swings**



human growth stages

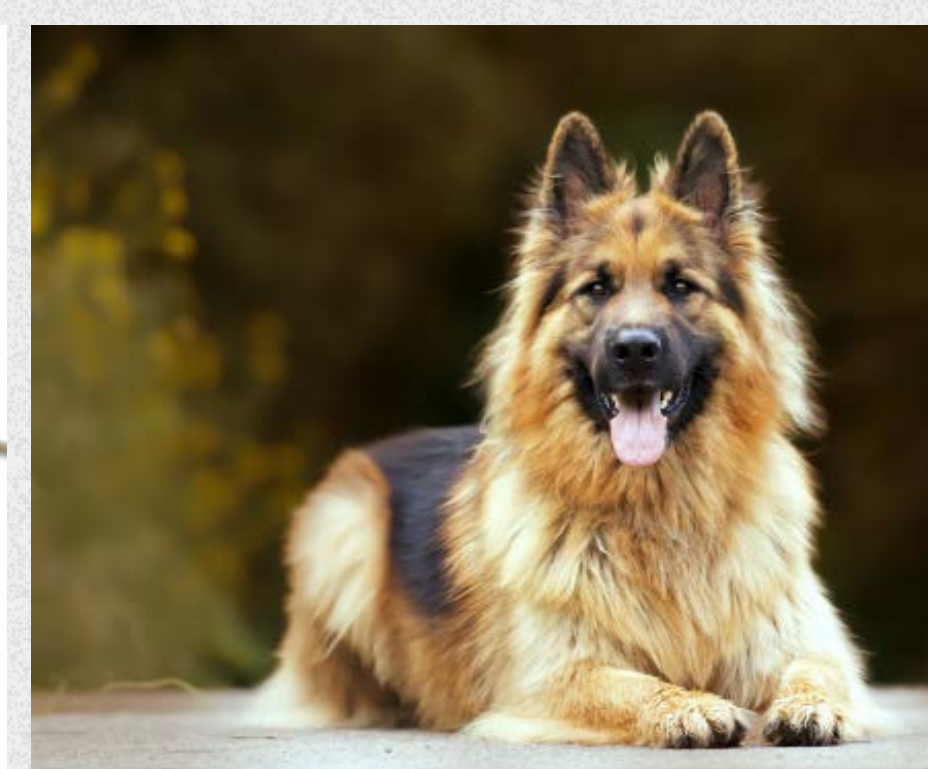
gestational periods

mouse



20 days

dog



2 months

polar bear



8 months

human



9 months

elephant



21 months