



PSHRE Education at St. Alban's



"I have come that you might have life and have it to the full." (John 10.10)

Rationale

We follow 'Life to the Full Plus' from TenTen to teach the Relationships and Health Education curriculum programme which is underpinned by our Catholic faith understanding that our deepest identity is as a child of God – created, chosen and loved by God. The programme is fully inclusive of all pupils and their families. We want all children to leave St. Alban's as global citizens.

Curriculum Intent

Through our teaching at St. Alban's we aim to ensure that all pupils:

Whilst promoting Catholic values and virtues and teaching in accordance with Church teaching, we will ensure that pupils are offered a balanced programme by providing a opportunities that offer a range of viewpoints on issues. We will ensure that pupils have access to the learning they need to stay safe, healthy and understand their rights as individuals.

Implementation

Children are have one-half an hour lesson each week using the Ten:Ten scheme. The units are carefully sequenced to ensure progression. This year, some units have been rearranged to ensure coverage.

'The St Alban's 42' enriches our curriculum.

A special experience has been planned for each half term to ensure pupils are prepared well for the bright futures they have ahead of them whilst having fun. We want our pupils to have essential knowledge that children need to be well-rounded, informed, educated citizens. Cultural capital is the essential knowledge that children need to prepare them for their future success.

Children may spend an afternoon, a day or a series of lessons over a half term to complete their challenges. It may be something that parents can help their child with at home.

Assessment:

Each Unit of work also has an Assessment Activity associated with it.

We have assigned one simple Assessment Activity to each Unit of sessions. The activities take into account the Learning Objectives of the sessions within the Unit and provide before and after evidence that learning has taken place.

Impact:

CSI Inspection January 2023 –

- There is a strong culture of welcome, which is deeply rooted in all members of the St Alban's community.
- Relationships throughout the school reflect the dignity of each person.
- Pupils' behaviour in all classes is based on respect for staff and for each other.

Inclusion:

Our school practice provides opportunities that reflect the cultural diversity of our school community and locality.

We ensure that our curriculum is sensitive to the different needs of individual pupils in respect to pupils' different abilities, levels of maturity and personal circumstances; for example, their own sexual orientation, faith or culture and is taught in a way that does not subject pupils to discrimination. Lessons will also help children to realise the nature and consequences of: discrimination, teasing, bullying and aggressive behaviours (including cyber-bullying), use of prejudice-based language and how to respond and ask for help.

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Key Strengths:

- Dog mentor to support children with their mental health and strategies for regulating behaviour.
- St Alban's 42 enable the children to learn the knowledge and skills to be educated citizens and to be successful in the future.
- Pupil Voice – There are many opportunities for pupils to take an active role in the leadership of our school. They meet and plan activities to fundraise for charities and our school to purchase additional resources to enhance the experiences of all children.
- School Council, Chaplaincy Team, Eco Committee, House Captains, Mini Vinnies & Champions of Christ.
- Our School Counsellor, Sharon, supports vulnerable children and their families in school.
- Our Pastoral Lead, Mrs Doherty, supports children and families by facilitating small well-being groups. She advises parents about outside agencies and can signpost families to other specialist services that are available to support them.

Key Strengths:

- The Rainbow Room, Peace Room & Harmony Rooms are safe places where children can visit to regulate their emotions and behaviour.
- We plan celebration days to celebrate cultures, significant events and provide children with additional experiences to develop their understanding of the global community.
- As a School of Sanctuary we welcome and are committed to support the rights of all refugees to build social cohesion.
- We have regularly visitors to school to demonstrate the importance of human dignity to celebrate uniqueness such as Amit Ghose, Police in a wheelchair, parents who have experienced racism and charity key speakers.
- We celebrate Well-being Wednesday across the school to practise mindfulness and raise awareness of managing mental health.
- We share our successes with parents using newsletters, assemblies, 'X' and positive phone calls.
- Our computing curriculum and the Ten Ten programme of study teaches the children to keep safe online.
- Children have the opportunity to attend Forest School which embraces an approach of nurturing, supporting and developing the self-esteem of participants.

Areas for development:

- To embed the new Life to the Full Programme.
- To create more opportunities for parents to work with their child about the PSHRE curriculum.